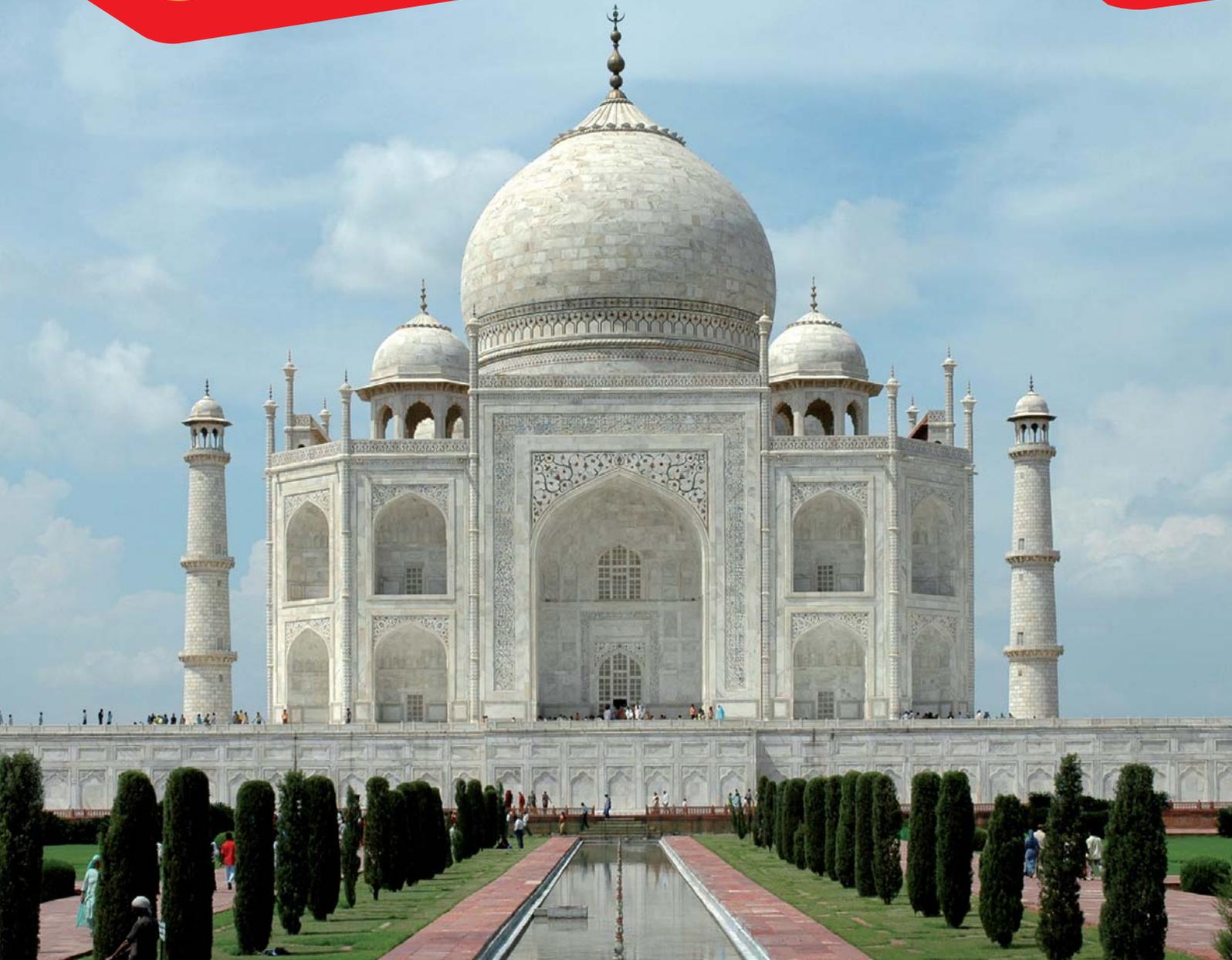


The challenge of a lifetime...
...for the charity of your choice

India

Cycle



**Ride the tribal trails and royal pathways through
India's colourful Rajasthan**



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www.globaladventurechallenges.com



Journey to stunning desert landscapes villages of vibrant colour and the immeasurable beauty of the Taj Mahal.

Your cycle challenge...

...is to cycle 400km through this fascinating region of Rajasthan, discovering India the best way - by bike! Explore the amazing painted 'havelis' of Shekawati, a remote area where time has largely stood still since its extravagant heyday, when rich merchants aimed to outdo each other by painting their homes in evermore exuberant styles. Desert landscapes, rolling green hills and villages of vibrant colour are just a few of the highlights you'll experience on this awesome challenge!

Your itinerary...

Day 1

We depart the UK for our overnight flight to Delhi.

Day 2

Arrive Delhi airport and transfer for approximately two and a half hours to our hotel in Behror. After lunch we'll have a bike fitting then the rest of the day can be spent at your leisure.

Day 3

Singhana to Jhunjhunu

After breakfast, we transfer for a couple of hours to our start point in Singhana. We cycle on flat, well surfaced roads towards Jhunjhunu, the gateway to the Shekawati Regon. As we leave the main roads behind, the beginnings of the Great Thar Desert come into view, interspersed with the rolling green Khertri Hills.

**Cycling distance –
approx. 45km**

Day 4

Jhunjhunu to Mahansar

Today we cycle along quiet rural roads unaccustomed to heavy traffic. We should reach our hotel by lunchtime, giving us time to explore the sights of Mahansar in the afternoon, which include a Shiva temple, a painted haveli and a ballroom!

Tonight we stay in an old fort, with amazing food and home distilled schnapps!

**Cycling distance –
approx. 45km**

Day 5

Mahansar to Nawalgarh

Our route today takes us through stunning desert landscapes, stopping in Mandawa in the heart of the region, for lunch and a look around the numerous painted havelis for which the town is justifiably famous.

We spend the night in luxurious, mud-walled rooms on an eco farm owned by one of the region's most enthusiastic cyclists, that serves wonderful home produced, organic food!

**Cycling distance –
approx. 60km**





Day 6
Nawalgarh to Danta

We push on cycling through classic Rajasthani villages, well away from the established tourist routes. In Danta we stay in a completely untouched old fort in the middle of a fascinating town, home to the former Maharaja of the entire surrounding area.

Cycling distance – approx. 85km

Day 7
Danta to Sambhar Salt Lake

Our challenge continues today through the Aravalli Hills to Sambhar Salt Lake. This is one of the more remote and less inhabited areas of Rajasthan; the landscape is beautifully barren and flat all the way to the horizon. We pass picturesque salt pans and have some sand tracks to negotiate before we get to the lake itself. Tonight we camp in the middle of a vast expanse of white salt, at least 20 miles wide!

Cycling distance – approx. 75km

Day 8
Sambhar Salt Lake to Pachewar

Following breakfast, we don our cycling helmets one last time and cycle to Pachewar, a flat route on well surfaced roads. Here we finish our epic ride in the stunning fort of Pachewar Garh, once home to the Maharaja of Pachewar, and now a heritage hotel.

We board our coach and take a transfer for approximately 90km to our hotel in Jaipur before toasting our achievements at a celebratory dinner!

Cycling distance – approx. 85km

Day 9
Jaipur to Delhi

Today we transfer for approximately five hours, stopping to have a quick look at the Amber Fort en route, one of the most impressive sights in Rajasthan, as we pass by on our way to Agra. Once there, we will have plenty of time to visit the magnificent Taj Mahal, lingering to watch the sun go down behind this iconic monument before boarding the express train to Delhi, where we'll spend the night.

Day 10

Depending on flight times, there may be time to enjoy some free time in Delhi before transferring to the airport for our flight to the UK, arriving back the same day.

(Please note, this is a complex itinerary and subject to change)



Your questions answered...

Is this trip for me?

ABSOLUTELY! This cycle challenge is suitable for people of all ages (minimum 18 years old). The one thing everyone will have in common is a great sense of adventure and the desire to help their favourite charity. Most people will sign up as individuals meaning you will all be in the same situation!

How fit do I need to be?

This cycle ride has been designed to be challenging, but achievable by anyone as long as you fitness train beforehand. Remember, you are cycling for 6 consecutive days and in very hot temperatures – the fitter you are the more you will enjoy this challenge. Cycling training tips can be found on the Global Adventure Challenges website to point you in the right direction and why not join one of our training weekends - it's a great opportunity to meet our team and fellow participants!

Where will we stay?

We will stay in local hotels and lodges and even in the occasional traditional fort! All accommodation will be twin share with en-suite washing facilities available. There is one camping night where two person tents and all bedding will be provided.

Do I need specialist kit?

We will supply you with a kit list of what to take once you register to take part. Apart from some cycling shorts, a cycling helmet and maybe some cycling gloves, you do not need any specialist kit. Participants can bring their own saddles, pedals or any other personal cycling equipment they see fit to modify the bikes supplied, although it is not necessary.

Do I have to carry my own luggage?

No. All luggage will be transported from accommodation to accommodation by our support vehicles. You will need a small bicycle bag/bum bag/back pack while cycling, to carry items such as camera, sun-screen, etc. Some people find wearing a back pack uncomfortable due to the heat, but it's your choice.

Food matters...

All meals will be provided. We cater for all dietary requirements so long as we know in advance – just fill in the appropriate section on your registration form enclosed. Indian food is very varied and nutritious with plenty of meat and vegetable dishes to choose from.

What's included?

Return flights from a London airport to Delhi, all transfers, all accommodation, all meals throughout the itinerary from arrival in Delhi to departure, fresh drinking water for all cycling days, snacks and fruit for cycling days, private vehicles for back up, support and transfers, experienced local guides, local bike hire with spares, all site and entrance fees where applicable, Global Adventure Challenges leader and full, comprehensive first aid kits.

What's not included?

Airport taxes and fuel surcharge - these are approximately £250 per person and payable 6 weeks prior to departure, visa for India, tips, alcoholic drinks, personal travel insurance – it is strongly advised to take this through Global Adventure Challenges.

Can I stay in India after the challenge?

All extensions are strictly limited, subject to availability and are given on a first come, first served basis. Those wanting to request an extension should contact Global Adventure Challenges at customer.care@globaladventurechallenges.com. There is a minimum charge of £60 + VAT for having your return airline ticket extended. Please note, the final decision always rests with the airline.

What sort of back-up is there?

There will be a strong support team with a professional Global Adventure Challenges leader from the UK, as well as local guides. Full, comprehensive first aid kits will be taken and we are never too far away from hospitals. A vehicle will follow the group providing support if needed.

What happens if I get tired?

There will be regular rest stops for drinks and snacks – there is no problem if you need to take more rest stops. A guide will be bringing up the rear of the group on the cycle ride ensuring no-one is left alone – remember though, this is not a race!

How do I go about raising the sponsorship?

Once you have signed up you will receive a fundraising pack from your charity in order to make your fundraising as easy as possible. You will also receive a few tips and ideas from Global Adventure Challenges to help you on your way.

I'm interested....what do I do now?

Places are limited and go on a first come, first served basis, so try to register as soon as you can! You can register online at www.globaladventurechallenges.com or fill in the enclosed registration form and medical questionnaire and post it back to Global Adventure Challenges along with the registration fee - all payment options and costs are explained on the enclosed information sheet. Once your registration is received, Global Adventure Challenges will write to you sending you further information on what to expect from this awesome adventure! Your charity will also be in touch with you to discuss your fundraising.

Could you ride 400km and cycle India?

Call us on 01244 676 454

enquiries@globaladventurechallenges.com

